



Accomplishments of the disAbility Task Force at Temple Sinai

Services:

- Fidget Toys available for services
- Quiet Room available for participating in Streamed Services
- Magnifying Glasses available for services
- Mostly Musical marketed as "Sensory Friendly"
- During High Holiday Days, we reserve seats for companions on the aisles
- Rabbis announce when asking people to stand, "Please stand if you are able"
- Large Print prayerbooks available for both High Holidays and Shabbat
- Visual T'fillah twice a month (there are photos of people with disabilities included)
- Equipment for Visual T'fillah acquired
- The order of the service is done on stickers so that people can follow along (in progress)
- Onegs include gluten-free options and sugar-free options
- At onegs, food with nuts are clearly marked
- Plans in place to add 3-4 prayers or songs signed during Mostly Musical. Exploring funding for a sign language interpreter during some services.

Training/Planning/Governance:

- Developed and implement strategic plan
- Staff and Clergy receive annual training
- Board receive annual training
- Completed inclusion assessment
- Greeters trained to welcome people with disabilities
- Ensured that people with disabilities serve on the Board of Trustees
- By-Laws and policies reviewed to ensure they meet our vision of inclusion
- New voluntary dues program implemented. We are encouraging people with disabilities who are on a fixed income to come join us at whatever amount they can afford, even if it is \$10 a year
- Women of Temple Sinai yearly have someone come and talk during JDAIM

Marketing:

- Weekly newsletter revamped for easier reading
- Website revamped for easier reading
- Accommodation statement developed

- Membership Director is responsible for accommodation requests
- There are large signs around Temple highlighting different members; one of these is a family who has a child with disabilities.
- February monthly newsletter strongly emphasizes Jewish Disability Awareness Month
- Mostly Musical Shabbat: A Sensory Friendly Experience is marketed through social media to the Pittsburgh disability community.
- Website speaks to our goal of inclusion

Building:

- Accessible spaces are used for educational programs and Board of Trustee Meetings
- Board uses microphone at meetings
- Secured architectural plans to make the Rose Garden accessible. Secured funding
- Move the Sukkah to the front yard, until the Rose Garden can be made accessible

Religious School:

- New Hebrew curriculum that is sensory based
- New religious school curriculum based on student choice making it easier for parents with children with disabilities to select a class that will work for their child
- Cantor works with children “where they are” for bar mitzvah training. What a child needs to accomplish is individualized.

Mental Health:

- Formed Mental Health committee
- Held two educational sessions on Mental Health

Annual Jewish Disability Awareness Month Activities:

- Every group that meets monthly (or more often) such as the book club, Torah Study, etc. are asked to cover disability issues during Feb.
- One Shabbat during the month is Disability Awareness Shabbat where a speaker is brought in for either just Friday night or the entire weekend as a scholar-in-residence
- The religious school plans a special program in February
- A book list is shared for both adults and children
- A special bulletin board is put up during the month
- The Task Force meets to reassess progress and determine next steps
- Youth who volunteer with people with disabilities are honored
- Members of the Task Force are honored by inclusion in services during the month